

Central Islip School District

“The Musketeers”



**Interscholastic Athletic Handbook
for Student-Athletes and Parents**

2021-2022

Central Administration

Sharon A. Dungee – Superintendent of Schools
Matthew Matera – Assistant Superintendent, Administration
Angela Austin, Ed.D. – Assistant Superintendent, Special Education and Pupil Personnel Services
Leila Holmes – Interim Assistant Superintendent, Curriculum and Instruction
Sharon Morgan – School Business Administrator

Central Islip Board of Education

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Central Islip Senior High School

Timothy Lynam – Principal
Olivia da Silva – Assistant Principal
James Crawford – Assistant Principal
Michael Blum – Assistant Principal
Dr. Tanesha Hunter – Assistant Principal

Ralph G. Reed Middle School

Anthony Coggiano – Interim Principal
Jason Nemes – Assistant Principal
Don Bahr – Assistant Principal

Athletic Office

Lawrence S. Philips – Director of PE, Health, Athletics and Health Services
Nancy Guadalupe - Department of PE, Health, Athletics and Health Services Senior Office Assistant
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Central Islip Athletic Department Website and Twitter

<http://www.centralislip.k12.ny.us/departments/athletics>
<https://twitter.com/ciathletics>

Interscholastic Athletic Program

Central Islip High School

Fall Season

Cross Country (Boys) – Varsity
Cross Country (Girls) – Varsity
Football – Varsity/JV
Soccer (Boys) – Varsity/JV/JV2
Soccer (Girls) – Varsity/JV
Swim (Girls) – Varsity
Tennis (Girls) – Varsity/JV
Volleyball (Boys) – JV
Volleyball (Girls) – Varsity/JV

Winter Season

Basketball (Boys) – Varsity/JV
Basketball (Girls) – Varsity/JV
Bowling (Boys) – Varsity
Bowling (Girls) – Varsity
Cheer – Varsity
Swim (Boys) – Varsity
Winter Track (Boys) – Varsity
Winter Track (Girls) – Varsity
Wrestling – Varsity/JV

Spring Season

Baseball – Varsity/JV
Badminton (Boys) – Varsity
Badminton (Girls) – Varsity
Lacrosse (Girls) – JV
Softball – Varsity
Tennis (Boys) – Varsity
Track (Boys) – Varsity
Track (Girls) – Varsity
Unified Basketball - Varsity

Reed Middle School

Fall Season

Cross Country (Boys/Girls)
Football
Soccer (Boys)
Soccer (Girls)
Tennis (Girls)

Early Winter Season

Basketball (Boys)
Cheer
Volleyball (Girls)

Late Winter Season

Basketball (Girls)
Volleyball (Boys)
Wrestling

Spring Season

Baseball
Lacrosse (Girls)
Softball
Swim (Boys/Girls)
Tennis (Boys)
Track (Boys)
Track (Girls)

Access to all Suffolk County interscholastic athletic schedules is available at

<http://www.sectionxi.org/v3/Schedules.asp>.

Schedules, starting times, contest sites and maps with directions are available at

Click here for: [MAPS/DIRECTIONS to all opponents](#)

Message from the Director

The athletic program in the Central Islip School District has produced many All-American, All-State and All-Conference student athletes throughout the years. Many professional athletes have also been Central Islip graduates. However, it is our practice of turning out well-rounded student athletes that we are most proud of.

The athletic teams of the Central Islip School District have a tradition of winning Section XI Sportsmanship Awards as well as NYSPHSAA Scholar/Athlete Team Awards. A great many of our student athletes have been and are members of the National Honor Society and have been valedictorians and salutatorians of their senior class. We are also very pleased that our student athletes participate in many other activities and clubs.

We believe that sports and competition are an extension of the classroom. Our coaches are dedicated to developing the whole person. The goal is to help Central Islip's student athletes learn valuable lessons that can be applied throughout their lives. Since schools are a place of work and learning certain limits are placed on parents/citizens attending practice (CIUFSD Board Policy 5300.65). Parents/citizens who wish to observe a practice must arrange such visits in advance with the coach and Athletic Director, so that disruptions are kept to a minimum.

Athletics is an integral part of the educational program in the Central Islip School District. The combination of success in the classroom and in competition is what makes athletics such a vital part of the learning process in Central Islip.

We invite all parents and community members to become positive influences. Please contact the athletic office at 348-5000, Ext. 1057 or send an e-mail to lphilips@centralislip.k12.ny.us if you ever have any questions, concerns or suggestions. **Go Musketeers.**

Lawrence S. Philips



Director of PE, Health, Athletics and Health Services
Central Islip Class of '85

Central Islip Athletic Department Mission Statement

The Central Islip School District believes that participation in interscholastic activities offers students significant lifetime learning experiences that cannot be duplicated in any other instructional setting. Participation in such interscholastic activities offers eligible students experiences in an educational setting that provide enrichment to the educational experience. We invite all students to take part in as many athletic programs as possible. Participation in Central Islip athletics, however, is a privilege and not a right, and that privilege is earned by each participant through his or her adherence to the rules and policies set forth by the school district and athletic office.

The athletic program is an extension of the academic program, and all athletes are urged to strive for excellence in both the classroom and on the athletic field. Good sportsmanship, commitment to team, and the development of skills and strategies necessary for interscholastic competition are essential to a successful athletic program. The central goal of this athletic program is to foster certain characteristics and qualities. These include respect for self and others, honesty, integrity, commitment, reliability, common sense and perseverance. The values learned through the athletic experience will help individuals become more productive members of the community.

Sportsmanship

- Students learn immeasurable unique lessons through interscholastic athletic participation.
- Educators universally agree, of all the goals established as outcomes for secondary students involved in school sports, **sportsmanship is primary**.
- Students who learn to value and practice sportsmanlike behavior are developing the characteristics of good citizenship. Honesty, generosity, self-discipline, a sincere concern for others, ethical behavior and a commitment to fair play are all demonstrated in sportsmanship.
- **The Central Islip School District makes sportsmanship a premier concern.**

Guidelines for Spectators

A good spectator at an athletic contest:

1. Shows interest in the contest by enthusiastically cheering and applauding the good plays or performance of both his team and that of the opposition.
2. Shows proper respect for opening ceremonies by standing at attention and by remaining silent while the National Anthem is being played.
3. Understands that attending a contest is a privilege to observe the contest, not a license to verbally attack others or be generally obnoxious.
4. Does not boo, stamp feet or make disrespectful remarks toward the players and officials.
5. Learns the rules of the game, developing an understanding and appreciation for situations that take place in a contest.
6. Obeys officials and faculty supervisors who are there to keep order.
7. Stays off the playing floor, field or contest area at all times.
8. Does not disturb others by throwing popcorn, paper cups or other materials around the building, playing floor or field.
9. Shows proper respect for officials, coaches, cheerleaders and contestants.
10. Knows that noisemakers of any kind are not proper for indoor events.
11. Pays attention to the halftime program and does not disturb others who are watching.
12. Respects public property by not causing damage to equipment or facilities.
13. Knows that school officials reserve the right to refuse attendance of those whose conduct is not proper.
14. Refrains from the use of any controlled substances (alcohol, drugs) before, during and after the contest while on the contest site.

Guidelines for Student Athletes

Responsibilities of Student Athletes:

1. Treat opponents with due respect as guests and fellow human beings. Home team players, particularly, should adopt this philosophy. It is tough enough to play away from home without being mistreated by opposing players and spectators.
2. Shake hands with the opponents and wish them good luck before the contest. Be an intense, rule-abiding competitor and expect your opponent to be the same. Respect your opponent on and off the contest site.
3. Exercise self-control at all times.
4. Respect the judgment of officials and interpretation of the rules. Never argue or make gestures indicating a dislike for a decision.
5. Only the captain should communicate with the officials regarding the clarification of a rule.
6. Accept both victory and defeat with pride and composure - never being boastful or bitter.
7. Congratulate the opponents in a sincere manner following either victory or defeat.
8. Cooperate with the coach and fellow players in trying to promote sportsmanship.
9. Welcome the opportunity to discuss the rules and strategies of the contest with parents and friends so they can better understand and appreciate the finer points of the game.
10. Accept the responsibility and privilege of representing the school and community.

Conduct for Central Islip Athletes

A firm policy of enforcement is necessary to uphold the regulations and standards for teams, the athletic department, the school and the school district. The community, school administrators and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The health, safety and welfare of the student are our major concern and transcend any other consideration.

All athletes shall abide by a code of conduct, which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, or violations of the law, tarnish the reputation of everyone associated with the program and will not be tolerated. In the event that a student athlete is guilty of unacceptable behavior in school or arrested for a criminal offense outside of school, the athlete may be suspended from athletic participation.

SECTION XI - MISCONDUCT POLICY

1. When a player displays action, which is abusive, deliberate, or malicious before, during or after a contest, this is considered misconduct and must be reported.
2. The official's decision regarding misconduct must be simultaneous with the decision to eject the athlete or coach from the contest. We emphasize that this is the judgment of the official whose decision cannot be reversed.
3. Foul or abusive language is not to be tolerated.
4. A player ejected from a contest for misconduct may not participate in his team's next regularly scheduled contest (including post season contests). If a suspended player participates in a contest, he is deemed ineligible and that contest is considered forfeited.
5. It is the responsibility of the coach to ascertain from the official that the incident or ejection is considered misconduct and if so, it is the coach's responsibility to suspend the player from the team's next game.
6. Failure of the official to report to the Section Office or failure of the Section Office to forward the report to the Athletic Director to notify the coach does not relieve a coach of the responsibility to suspend the player.
7. Also to be reported are: Those breaches of sportsmanship or actual incident of violence that occur before, during, or after a contest by:
 - a. A coach who harasses officials, or otherwise conducts himself/herself in an unprofessional or unsportsmanlike manner.
 - b. A school which permits High School spectators to conduct themselves in an abusive manner.
8. Procedures for officials to report a player, coach or school for misconduct:
 - a. Each time a player or a coach is ejected from a contest and anytime a player, coach or school displays abusive conduct (verbal or physical); the official will call the Section Office on the following weekday.
 - b. The Section Office staff then notifies the Athletic Director of the offending school.
 - c. The official forwards a written report to the Section Office, which is copied to the Athletic Director.
9. Procedures for coaches to report a player, coach or school for misconduct:
 - a. Contact your Athletic Director and report the incident.
 - b. Your athletic director will report the incident to the Section Office.
 - c. Forward a concise written report (signed by your Athletic Director) to the Section Office.
10. Further Suspension
 - a. Removal of a player from a second contest in a season by officials for flagrant misconduct will result in suspension from two additional contests.
 - b. Continued infractions causing ejection of the same player from additional contests shall prompt a communication by the Executive Director to the Principal and Athletic Director to respond to this communication and indicate the action taken by the school district.
 - c. If the Executive Director does not receive a satisfactory response, the matter will be referred to the Executive Board of the Section.

Modified (Middle School) Program Philosophy

The Modified Program is our Middle School program and is designed for students in the seventh and eighth grades. Teams at this level are feeder programs for our high school. While the goal is to involve as many students as possible, finances may affect participation, number of participants, facilities or schedules. Therefore, it may be necessary at times to cut students. This program of competitive sports focuses on the fundamentals of the game, rules, training, and development of individual skills, team play and sportsmanship. Emphasis is not placed on winning and every effort will be made to maximize each individual's playing time.

Junior Varsity Program Philosophy

At the Junior Varsity level, emphasis continues to be placed upon team play, physical conditioning and refinements of basic skills. Although teams are often comprised of ninth, tenth and eleventh grade students, exceptional seventh and eighth grade students may participate. Eligibility to try out for the Junior Varsity teams is determined by the same standards as the Modified Program. The JV prepares student athletes for the Varsity level of competition. Competitiveness is increased at the JV level while adequate playing time for most team members is encouraged. However, the amount of playing time is influenced by skill level.

Varsity Program Philosophy

The Varsity level of athletic competition is the culmination of the high school athletic program. Team play, sportsmanship, individual physical ability, motivation and mental attitude are very important aspects of Varsity competition in Central Islip. Although teams are usually comprised of upper classmen, ninth and tenth grade students can compete at this level. Very exceptional Middle School student athletes may also compete. A sound attitude coupled with an advanced level of skill is the determinant for playing time on the Varsity level. Central Islip Varsity teams play to win, but participants are taught that valuable lessons are learned with losing. All team members will not receive equal playing time. This is not a reflection upon the individual's importance in helping the team attain its goals. It is vital for each team member to understand his or her role and significance to the team. We believe success at the Varsity level is a by-product of striving to win and reaching the team's maximum potential.

Harassment / Hazing / Bullying

In the Central Islip School District, harassment, hazing or bullying (behavior designed to intimidate another individual) in any form during school, or outside the school day is unacceptable and prohibited. It shall be considered a violation of the student athlete "Code of Conduct" as well as dangerous, compromising an athlete's well-being and counter-productive to a team's positive growth.

Hazing shall be defined as any intentional action; situation created; group conduct or method of intimidation to/by a group (or individual) that is designed to deny (or results in denying) a person her/his rights within the school society or as a member of the team.

This shall also include any action that seriously impacts or compromises an athlete's physical or psychological safety (demeaning by nature), by inflicting mental anguish, physical discomfort/pain, severe embarrassment, harassment, hurtful pranks, psychological pressure, intimidation, ridicules or endangering another person, whether in public or private.

This definition shall also include any action or coercion that typically pressures an individual to agree to be involved in a humiliating action/task(s) that suggests the athlete will be more fully accepted into a group/team irrespective of team status or playing time.

The Central Islip Interscholastic Athletic Program teaches respect for all athletes at all times.

Uniforms and Equipment

It is the responsibility of the athlete to return to the appropriate coach all uniforms, school issued clothing and equipment issued at the end of the season. Failure to do this will result in the athlete being required to reimburse the school district for the missing articles.

Sports Physical Examinations – by a Doctor

A sports physical is valid for twelve months. However, within 30 days of a sports season a Health History form must be submitted to update the school nurse prior to participation in the next season. The nurse will issue a clearance for participation. Students can obtain a sports physical through the school doctor or a private doctor. All athletes who are seen by a doctor as the result of an injury must be released (signed statement) by that doctor in order to resume participation with their team. This release must be filed with our school nurse. No sports physicals will be provided at the high school during the month of September. The fall season starts in August and sports physicals will be provided in August and the preceding spring.

School Attendance Policy

Participation in an activity or sport is but one part of a student's education. A student who is absent from school for any reason, other than educationally excused (field trip), on the day of the contest/activity will be ineligible to participate on that day. It is understood that students will be present in school no later than the end of second period to participate in a practice, game, activity or performance that day. Students who arrive late must submit a note to the Attendance office as follows:

- *Medical Reason (doctor, dentist, etc.) – note from physician*
- *Court Appearances/Religious Observances – Note from parent/guardian*

Student athletes are expected in ALL classes on the day of a contest. The Athletic Director or Principal may review and approve for participation any unusual circumstances. Athletes on suspension, including In School Suspension, for any disciplinary infraction will not be allowed to practice or participate in any event for the day. In the case of assignment to detention, students will be expected to attend this assignment before reporting for a practice or a game.

Transportation

Student athletes must be transported to and from away contests by school vehicles only. The Athletic Director or coach may make an exception to the policy if the request meets the following conditions:

1. The alternate plan must be approved in advance of the team leaving school for the contest.
2. A student must submit a written request from parent/guardian to the Athletic Director or coach if they choose to be transported by a parent or a guardian. The transportation may only be by a parent or guardian. The athlete may not be released to any other family member or friend. The parent should speak with the coach prior to leaving the site with their child.
3. Emergencies must be presented to the coach and will be granted at his/her discretion.

A violation will be considered a team rule violation and will result in disciplinary action.

Risk Factor Related to Playing Sports

By the very nature of athletic activity, participants are at risk of physical injury. No matter how careful the athlete and the coach are, no matter how many precautions are taken, the risk cannot be eliminated. It can be reduced but never eliminated. The risk of injury includes minor injuries such as broken bones, dislocations and muscle strains. The risk also includes catastrophic injuries such as permanent paralysis or even death. It is important everyone understand these risks. Athletes should follow all safety directions from their coaches because rules and regulations have been established to reduce the risk of injury during participation. **Athletes must communicate immediately with coaches regarding INJURIES and health issues.**

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STUDENT-ATHLETE CONTRACT for 2021-22

CENTRAL ISLIP SCHOOL DISTRICT

Participation in interscholastic athletics is a privilege. Students wishing to take advantage of the opportunities presented to them by the Central Islip School District must show a commitment to the athletic program by regular attendance at practices and contests, as well as conformity to the rules established by the District and coach. The privilege of competing in interscholastic athletics in the Central Islip UFSD requires that each athlete adhere to a number of conditions that enhance their commitment to his/her school and community, family, coaches and himself/herself. **Failure to comply with the Interscholastic Athletic Handbook and/or this Contract will result in disciplinary action and/or dismissal from the team.**

Concussion

- I received the NYSPHSAA information sheet about concussions and understand more detailed information is available on the district website and/or upon request from the athletic office.

Eligibility

- An athletic candidate must be a bona fide student and adhere to the N.Y.S.P.H.S.A.A. rules and regulations.
- All athletic candidates must have completed a sports physical prior to participation. For those students utilizing their own physician, school forms must be used.
- A student shall be eligible for interscholastic competition four years once entering 9th grade and until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports.
- A student in grade 7 or 8 who is selected to participate at the Varsity or Junior Varsity level must pass the Athletic Performance Process (APP) before being able to compete.

Substance Abuse

Smoking, being in possession of or drinking alcohol, or becoming involved with narcotics or controlled substances of any kind, at any time or any place, will result in disciplinary action. This may include the suspension from the team for a period to be determined by the Athletic Director and/or the building Principal. (Suspensions may carry over to the next sports season in which the student participates).

In addition, the athlete may be subject to the disciplinary provisions of Education Law 3214.

Hazing – Initiation Ceremony (A Crime in New York State)

“A person is guilty of hazing... when, in the course of another student’s entry into or affiliation with any team or club, he/she intentionally or recklessly engages in conduct which creates a risk of physical injury, emotional harm or a feeling of intimidation toward another student or students.” This includes, but is not limited to physical harm, threatened harm, harassment, ridicule, criticism and causing the victim to damage public or private property. Any type of “initiation or hazing” is prohibited. Athletes who violate the “hazing” rules will be subject to severe discipline and may be subjected to criminal action.

Academics

It is recognized that the primary function of the school is to provide each student with a basic education. Therefore, the principal reserves the right to remove a student from a team if that student is not performing academically as expected.

Transportation

All players will ride to and from games on the team bus, under the supervision of a coaching staff member. Proper conduct is expected at all times while riding on school transportation. There may be times when it becomes necessary for a parent to pick up an athlete after a game. This must be cleared with the coach in writing in advance (prior to the day of the contest).

Attendance

- If any athlete is absent or suspended from school, he/she may not participate in any practice, scrimmage, or game on that day.
- If any athlete signs in after 2nd period, they may not participate in any practice, scrimmage, or game on that day.
- Each athlete is expected to accept responsibility for his/her attendance and behavior at all times.

Student Responsibilities

Students earn the privilege of participating in athletics based on good school citizenship, accepting responsibility and maintaining appropriate behavior in school and at school events. The Board of Education, faculty, staff and administration of the Central Islip School District strongly believe that all students should be accountable for their actions. Those students who exhibit a failure to abide by the Code of Conduct may be excluded from all extracurricular activities. Athletes are responsible to review the Interscholastic Athletic Handbook and school district Code of Conduct.

Equipment

The care of team equipment is each athlete's responsibility. Each piece of equipment issued to an athlete must be returned. Any athlete who "owes" the return of a piece of equipment or payment for a piece of equipment should contact the athletic office.

Injuries

All injuries should be reported to the coach as soon as possible so that treatment may begin immediately and necessary insurance regulations complied with.

Conduct of an Athlete

Student-Athlete conduct is a reflection on the educational institution. The conduct of an athlete is closely observed in many areas of life. It is important that behavior be above reproach in all the following areas:

On the Field – In the area of athletic competition, an athlete must not use profanity or illegal tactics, understand that losing is part of the game, and be gracious in defeat and modest in victory. The student athlete is always courteous, makes no excuses, and congratulates the opponent on a well-played game.

In the Classroom – In the academic area, an athlete strives to become a good student. If you are not productive and responsible in class, you will likely be the same on the practice field or floor and never reach your full potential. As an athlete, you must plan your schedule so that you give sufficient time and energy to your studies to ensure acceptable grades. In addition to maintaining good scholarship, an athlete should give full attention to classroom activities and show respect for other students and faculty members at all times. An athlete should have a good attendance record, never cutting class or school.

Parental/Guardian Conduct

It is expected that the conduct of parents and guardians of student athletes at athletic contests will reflect a respect for all the participants involved. This includes the athletes, coaches, officials and spectators. Any conduct deemed abusive may lead to ejection from a contest; or dependent upon prior misconduct a permanent suspension from a season's contests.

Assumption of Risk

Injury, including paralysis or death, is an unfortunate risk that must be assumed when engaging in sports. The possibility of contracting COVID-19 is also a risk when engaging in sports. It is acknowledged that the athlete assumes the risk of such injury, death or COVID-19 and in consideration of the Central Islip School District permitting participation in interscholastic athletics, the student athlete and his/her parents/guardian agree not to hold the district liable for any such injury, death or contracting COVID-19.

I have read, fully understand and agree to fully abide by the terms of the Student-Athlete Contract:

DATE:

STUDENT'S SIGNATURE

DATE:

PARENT'S (Guardian) SIGNATURE

DATE:

COACH'S SIGNATURE

➤ A copy of this contract may be obtained from your coach or in the athletic office